



15th annual
Family Caregiver
Conference

Agenda

November 12, 2010
Doubletree Hotel

A Caregiver's Harvest: Hope & Support

- 7:30–8:30 a.m. Registration, Continental
Breakfast & Exhibits
- 8:30–8:45 Welcome
- 8:45–10:00 Keynote Speaker
Gail Sheehy
Share her personal journey of caregiving.
- 10:00–10:30 **Break**
- 10:30–11:30 Panel Presentation: *Family Dynamics in Caregiving*
Carolyn Jackson, LCSW, Victor Quiroz, Ph.D, Jan Sturges, LPC
How families can work together to meet care needs of loved ones.
- 11:45–1:00 **Lunch**
12:00–12:20 Entertainment by the Arizona Repertory Singers
12:30–1:00 Sponsor mike time
- Mercy Care Plan
 - CareMore
 - Bridgeway
 - CPSA
 - TMC Senior Services
- 1:00–2:00 Break Out Sessions
- A. *End of Life Issues*
Tani Bahti, R.N., CT, CHPN
Explore issues of loss, grief, self care and communication.
- B. *“How to Locate a Caregiver”*
Suzy Bourque, MSW, Judy Clinco, R.N.
How to find, evaluate, hire, and monitor a paid caregiver.
- 2:00–2:15 **Break**
- 2:15–3:15 Kenney Hegland, J.D., Law Professor and Author of *New Time, New
Challenges, Legal Issues*
The importance of Legal Planning—advance directives, financial &
medical powers of attorney, and trusts.
- 3:15–3:30 Closing

